

OPEN DAY

LOCATION: CHALLENGE VALLEY, CATARACT SCOUT PARK

YOUR MISSION: SHOULD YOU CHOOSE TO ACCEPT, IS TO TAKE ON THE MIGHTY 'CHALLENGE VALLEY', COMPLETING 15 OBSTACLES SPREAD OVER 1.5km OF BUSH TRAIL, AS WELL AS OUR OWN TYRES, ROPES, KETTLE BELLS, AND MORE...

PLUS! AN EXTRA SPECIAL **TOP SECRET** ADDITION TO THE COURSE!



**PLACES ARE STRICTLY LIMITED
SEE RECEPTION TO SECURE YOUR PLACE TODAY!**



DATE: SATURDAY 3 MARCH

BUS DEPARTS AQUAFIT AT 7AM SHARP & WILL RETURN AT APPROXIMATELY 11AM

COST: \$30 PER PERSON

INCLUDES TRANSPORTATION, PARK ENTRY, TRAINING SESSION & LUNCH

PERSONNEL:

MEMBERS/NON-MEMBERS ARE WELCOME
YOU DON'T HAVE TO BE EXTREMELY FIT TO PARTICIPATE!

